Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Meatless Mondays Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	3) Chicken Nuggets 4 ea. Broccoli ½ c Mashed, Wheat Bread 1ea. Potatoes ½ c, Fruit Cocktail ¼ c VE: Veg-Nuggets	4) Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit apple ¼ c DF: Turkey Sandwich	5) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	6) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
9) Meatless Mondays Cheese Stuffed ww Ravioli with Marinara Sauce ½ c, Cucumber Slices ½ C, Fruit Banana ¼ c DF: Turkey Sandwich	10) Chicken Stir fry W/Italian Blend Yellow Rice ½ c Fruit 4 oz Sliced. Pears W/Grated Parm	11) ww Spaghetti W/Turkey Sauce 4oz. Green Beans ½ c Fruit 4 oz. Fruit Cocktail VE: Without Meat	12) Chicken Nuggets 4ea Silver Dollar Fries ½ c Corn ½ c, Wheat Bread 1ea. Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	13)ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
16) Meatless Mondays Ww Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	17) Fish Sticks (4ea) Mashed Potatoes ½ c Mixed Vegetables ½ c, Wheat Bread 1ea. Chilled Fruit or Orange (4oz.)	18) WW Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼ c	19) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ½ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	20)ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
23) Meatless Mondays Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit Cup ¼ c DF: Turkey Sandwich	24) ww Spaghetti W/Turkey Sauce 4oz. Green Beans ½ c Fruit 4 oz. Fruit Cocktail VE: Without Meat	25) Chicken Nuggets 4ea Potato Fries ½ c Corn ½ c Fruit 4oz Pineapple VE: Veg-Nuggets Sub		
30) Meatless Mondays - ww Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼c		grow nj kids Quality Rated Learn more at GrowNJKids.gov		1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be severed regular milk

Healthy Bytes LLC 855 Hamilton St. Somerset, NJ 08873

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. ***This institution is an equal opportunity provider.*** **NOTE: Menu items may change based on purveyor product availability.** **We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.**